

## Ephesians Notes

### Key Points Chapter by Chapter:

#### Chapter 1:

1. Chosen "in HIM" (vs 1-14)
  - a. Blessed with all spiritual blessings ("in heavenly places in Christ").
  - b. Before the foundation of the world.
  - c. Predestinated ----> Adoption of children (to himself, by Jesus Christ)
  - d. Chosen to be holy and without blame before him (in love).
  - e. To the praise of the glory of his grace!
  - f. Accepted in the beloved (Jesus).
  - g. Redemption through his blood ----> forgiveness of sins!
  - h. Predestinated to an inheritance to be gathered into one in Christ.
  - i. Trust in Christ!
    - i. Heard the word of truth (the gospel of salvation)
    - ii. Believed HIM.
    - iii. Sealed with the holy Spirit of Promise!
      - \* He is the earnest of our inheritance UNTIL the redemption of the purchased possession (when we get our new body - Romans 8:23).
2. Prayer for the spirit of wisdom and revelation in the knowledge of him (Christ):  
So that the EYES of our understanding can be enlightened to know: (vs 15-23)
  - a. The HOPE of his calling.
  - b. The RICHES of the glory of his INHERITANCE (in the saints)
  - c. The EXCEEDING greatness of his POWER ----> to us who believe:  
God wrought this power in Christ when he:
    - i. Raised him from the dead.
    - ii. Set him at his own right hand (in heavenly places),
      - a) FAR ABOVE:
        - i) All principality
        - ii) All power
        - iii) All might
        - iv) All dominion
        - v) Every name that is named (in this world and the world to come)
      - b) Put ALL THINGS under his feet!
      - c) Gave him to be the HEAD over all things to the church.
        - i) His body
        - ii) The fulness of him that filleth all in all.

#### Chapter 2:

1. We are quickened (vs 1-10)
  - a. We were dead in trespasses and sins
    - i. Used to walk according to the course of THIS world.

- ii. According to the prince of the power of the air (Satan: the spirit that works in the children of disobedience)
  - b. But GOD:
    - i. Rich in mercy
    - ii. Loved us greatly
    - iii. Quickened us together WITH Christ.
    - iv. Raised us up TOGETHER into heavenly places in Christ.
    - v. Saved us by his grace through faith.
    - vi. Made us HIS workmanship
      - a) Created in Christ Jesus
      - b) Created unto good works to walk in (before ordained).
2. Reconciliation (vs 11-22)
- a. Time Past:
    - i. Gentiles/Uncircumcision
    - ii. Without Christ:
      - a) Aliens from the commonwealth of Israel
      - b) Strangers from the covenants of promise.
    - iii. No HOPE: Without God in the world
  - b. But NOW:
    - i. Made nigh by the blood of Christ.
    - ii. Christ has broken down the middle wall of partition between us.
      - a) Christ = Our peace (Jews and Gentiles)
      - b) Christ ----> Made Jew and Gentile into 1 New Man.
      - c) Christ abolished the enmity: the law of commandments (contained in ordinances).
      - d) Christ: Has taken that 1 Body (both Jew and Gentile) ----> reconciled to God
        - i) By the cross.
        - ii) By slaying the enmity.
      - e) Christ: Preached peace to BOTH (Jew & Gentile)
    - iii. Standing: Fellowcitizens with the saints and of the household of God! (no more strangers and foreigners)
      - a) Built upon:
        - i) Jesus Christ = the chief cornerstone
        - ii) The apostles & prophets = the foundation of the temple
      - b) This is the Habitation of God:
        - i) Fitly framed together.
        - ii) Growing into a holy temple.
        - iii) We are built together into it.
        - iv) Built through the Spirit.

### Chapter 3:

1. God's grace dispensed to Paul: (vs 1-13)
  - a. Direct Revelation of the mystery of Christ
    - i. Was not previously known.
    - ii. Now revealed to the holy apostles and prophets by the Spirit.
    - iii. That the Gentiles = fellow heirs, be of the same body, and be partakers of his promise (in Christ) by the gospel.
  - b. Ministry of the Mystery:
    - i. According to God's grace.
    - ii. Given by the effectual working of his power.
    - iii. To PREACH among the Gentiles the UNSEARCHABLE riches of Christ.
    - iv. To make all men see the FELLOWSHIP of the mystery.
    - v. To make known the manifold wisdom of God (by the church) to principalities and powers in heavenly places.
    - vi. According to God's eternal purpose in Christ Jesus.
    - vii. Boldness and access with confidence (despite tribulations).
2. The ultimate call of the church: ALL GLORY TO GOD! (vs 14-21)
  - a. Bow to the Father (of whom the whole family in heaven and earth is named).
  - b. Strengthened with MIGHT!
    - i. According to the RICHES of his glory.
    - ii. By his Spirit.
    - iii. In the INNER MAN.
  - c. Christ to dwell in our hearts (by faith).
  - d. To be rooted and grounded in LOVE.
  - e. To comprehend and KNOW the LOVE of Christ:
    - i. With all saints.
    - ii. The breadth, the length, the depth, and the height of it.
    - iii. It surpasses knowledge.
  - f. Filled with all the fulness of God.
  - g. He is able to do exceeding abundantly ABOVE all we ask or think.
  - h. All glory to God
    - i. in the church.
    - ii. by Christ Jesus.
    - iii. throughout all ages (world without end)!

### Chapter 4: Walking worthy of the LORD

1. The spirit of the body of Christ: (vs 1-3)
  - a. The Call: To walk worthy of the vocation (calling).
  - b. How:
    - i. With all lowliness and meekness.
    - ii. With all long-suffering: forbearing one another in LOVE.
    - iii. Endeavoring to keep the UNITY of the Spirit in the bond of PEACE.

2. Understanding the body (vs 4-16)
  - a. Unity! - The 7 "one's"
    - \* body, Spirit, hope of calling, Lord, faith, baptism, God and Father of all (above all, through all, in us all)
  - b. Diversity of gifts of Christ (but still united)
    - i. Grace for every one of us
    - ii. Descend before Ascending (even Christ himself...)
    - iii. 4-fold Leadership Gifts (growth cultivators, equippers)
      - \* Apostles, prophets, evangelists, pastors & teachers.
    - a) 3 practical functions:
      - i) Perfecting of the saints.
      - ii) The work of the ministry.
      - iii) The edifying of the body of Christ.
    - b) 2 goals for the body to come into:
      - i) The unity of the faith.
      - ii) The knowledge of the Son of God.
    - c) 2 goals for the body to come unto:
      - i) A perfect man.
      - ii) The measure of the stature of the fulness of Christ.
    - d) 2 things to "be" from this point forward:
      - i) No more children
        - Tossed to and fro,
        - Carried about with every wind of doctrine,
        - The sleight of man and cunning craftiness to deceive.
      - ii) Growing up into our head (in all things)
        - Speaking the truth in love.
        - From him we are fitly joined together and compacted.
        - According to the effectual working of every part
        - Makes increase of the body —> edifying of itself in love.
3. The life (conduct) of the body (believers): (vs 17-32)
  - a. The Call: Don't walk as the lost Gentiles walk but walk as Christ taught us.
  - b. The Keys:
    - i. Put off the old man (corrupt according to the deceitful lusts)
    - ii. Be renewed (in the spirit of your mind)
    - iii. Put on the new man (which is created after God in righteousness and true holiness).
  - c. The Conduct: Putting off —> Putting on
    - i. Lying —> Speak Truth (members one of another)
    - ii. Anger/Wrath —> Settle it before the sun goes down (don't let it become bitterness and give place to the devil)
    - iii. Stealing —> Labor with own hands (to provide for those in need)
    - iv. Corrupt Communication —> Good for edifying.
    - v. Grieve the holy Spirit —> Listen to him (bless him)

- vi. Bitterness, wrath, anger clamour, evil speaking, malice ----> Kind, tender, forgiving one another (as God forgave us for Christ's sake).
- vii. Fornication, uncleanness, filthiness ----> Walk in love as saints.
- viii. Covetousness, foolish talking, jesting ----> Give Thanks.

Chapter 5: The call to follow God as dear children and to walk in love as Christ loved us and gave himself for us

1. Generally in the body of Christ: (vs 1-21)
  - a. Not in Darkness/Children of disobedience:
    - i. Fornication, uncleanness, covetousness not to be named among us.
    - ii. Filthiness, foolish talking, jesting are not convenient.
    - iii. Whoremongers, unclean persons, covetous men (idolaters) have no inheritance in the kingdom of Christ and of God.
    - iv. The wrath of God is to come upon them.
    - v. Don't be partakers with them.
  - b. Children of the kingdom/light
    - i. Must walk as such.
    - ii. Our fruit (of the Spirit) is in all goodness, righteousness, and truth.
    - iii. No fellowship with the unfruitful works of darkness.
    - iv. Must reprove the works of darkness.
    - v. Must awake and walk circumspectly/wisely.
    - vi. Must redeem the time (because the days are evil).
    - vii. Must understand what the will of the Lord is.
    - viii. Must be filled with the Spirit (not drunk with wine).
    - ix. Speaking to ourselves in psalms, hymns, & spiritual songs (singing and making melody in our hearts to the Lord).
    - x. Give thanks always for all things.
    - xi. Submit one to another (in the fear of God).
2. In the Marriage Relationship
  - a. The Wives:
    - i. Duty: Submit to own husbands and REVERENCE them.
    - ii. Why: The husband is the head of the wife.
    - iii. To what extent: In every thing (just as the church is subject unto Christ).
  - b. The Husbands:
    - i. Duty: To LOVE their wives as themselves.
    - ii. To what extent: As Christ loved the church and gave himself for it.
    - iii. Why: Christ's example
      - a) To sanctify and cleanse it by the word.
      - b) To present it to himself a glorious church.
        - i) Without spot or wrinkle.
        - ii) Holy and without blemish.
    - iv. More work: nourish and cherish her, sanctify, and cleanse her.

- v. Goal: Leave father and mother and be JOINED to his wife ---->  
Become 1 flesh.
- c. Mystery: Christ and the Church
  - i. We are members of his body, of his flesh, of his bones.

## Chapter 6:

1. More Relationships: (vs 1-9)
  - a. Children/Parents
    - i. Children: obey parents and honour them
      - a) This is right
      - b) This is the first commandment with promise.
    - ii. Fathers: Don't provoke your children to wrath; bring them up in the nurture and admonition.
  - b. Servant/Master
    - i. Servants: Be obedient
      - a) With fear and trembling.
      - b) In singleness of heart.
      - c) As unto Christ.
      - d) Not with eye service (as men pleasers).
      - e) As the servants of Christ.
      - f) Doing the will of God from the heart.
      - g) With good will (as to the Lord, not unto men).
      - h) Knowing that you will be rewarded of the Lord for any good done.
    - ii. Masters: Treat your servants well without threatening:
      - a) With all the same heart attitudes as the servants above.
      - b) Knowing that your Master in heaven is watching (there is no respect of persons with him).
2. Spiritual Warfare: (vs 10-22)
  - a. Be STRONG in the Lord and the POWER of his might.
  - b. Put on the whole armor of God! (to stand against the devil in the battle)
    - i. Belt of TRUTH
    - ii. Breastplate of RIGHTEOUSNESS
    - iii. Shoes of the GOSPEL of PEACE
    - iv. Shield of FAITH (above all)
    - v. Helmet of SALVATION
    - vi. Sword of the SPIRIT (which is the word of God)
  - c. Praying ALWAYS
    - i. Prayer and supplications in the Spirit.
    - ii. Watching with all perseverance & supplication for ALL saints.
  - d. Need Utterance & Boldness
    - i. To make known the mystery of the gospel!
  - e. Know the brethren's affairs & bless and comfort them.